



THE SKATING CLUB OF BOSTON

CHIPS

Late April 2010

What a great show!



Tim LeBlanc and Sheryl Franks take a bow at Ice Chips

President's Letter

Since our last Newsletter our programs continue to function at a high level with the help your of volunteer efforts. For those of you who can see your way clear to assist on a committee or function please lend a hand and help relieve some of the pressure on those who have already contributed a great deal of their time and talent. Those who have worked so diligently to make the programs and events so successful are what continue to make the club function at such a high level. Thank you all.

Our skaters continue to perform at very high level and their skills were well presented during the three Ice Chips Shows with beautiful costumes, choreography and music that has led people to proclaim that it was the best show in a number of years and probably ranks with the best. Thank you to the Ice Chips Committee for a job well done and to our Director Sheryl Franks, her assistant Tim LeBlanc and the many coaches who participate in creating this outstanding event. As a side note, we had close to 400 attend the cast party which was enjoyed by all thanks to the House Committee's diligent efforts. Well done by all.

We have had two competitions at the club since the last Newsletter.

A Basic Skills Competition was held in February with the largest registration of skaters since we started this event. The event was monitored by a representative from US Figure Skating with an outstanding report being filed with USFS for which we can thank the Committee led by Paul

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President's Letter

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Crugnola and Jim McManus. This program is the grass roots of our organization and as such requires us to pay particular attention in order to provide membership for the future, and the future looks bright.

The first Synchronized Skating Competition was held at the club in March, The Boston Synchronized Classic, under the direction of Team Excel with assistance from club staff and volunteers from Metrowest and Boston. Thanks to Deanne Benson and her Team Excel Committee that meshed with the clubs staff and volunteers to make this inaugural event a great success for the skaters and the club. The team levels for this competition where Beginner, Preliminary, Pre-Juvenile, Open Collegiate and Open Adult. A clinic was also held after the competition. This again is an area in which the club will continue to pursue growth.

We have had many skaters and teams qualify for competitions that Send Offs have been held on a continuing basis all year with the latest one April 16th for the Theater on Ice Teams Imagica and Act 1 who will represent USA after qualifying for the first World Competition for this program in Toulouse, France. We wish them well.

Team Excel qualified four teams for Nationals and they are to be congratulated for their effort in their first year of organization. These programs require a great deal of attention and diligence in order for them to succeed. We continue to work with Team Excel in order that they can represent The Skating Club of Boston at the highest level.

The Board is still working diligently on the Long Range Plan, focusing on the se-

curing a site and financing. When information is complete we will bring the membership up to date if not at a regularly scheduled meeting at a special meeting.

We are also working on revising the club By Laws, Club Management and Program Development at all levels. Much work remains to be done in all areas but I have the confidence in the Board and club members that we will get it done.

Currently we are running a pilot program called High Performance Program proposed by our coaches Bobby Martin, Peter Johansson, Mark Mitchell and Carrie Wall. The program incorporate planning, education and support team communication into the daily training and preparation of our athletes. The program is designed to coordinate and monitor all aspects of an athlete's training in an effort to optimize performance. Our athletes who qualified for Nationals this year are participating in the pilot which is running from March 1 thru June 21. When we understand the administration and logistics of the program and have the structure worked out we will offer the program to any skater who so desires to participate. The program is being directed by a High Performance Advisor, Charlene Boudreau who had been to the club, discussed the program with the skaters and also held a seminar and is presently monitoring the skates that are in the program with good success. We look forward to good things from this program.

Best wishes for a great summer!

Regards,
Joe Blount

CHIPS is the official publication of The Skating Club of Boston and is edited by **Barb Fritz**.

The deadline for submissions for the next issue is **June 15, to editor @chipsboston.com**. The editor reserves the right to edit for length, clarity, and accuracy.

Chips is emailed to readers to conserve paper, toner and postage. Please make sure the Club office has your preferred email address(es).

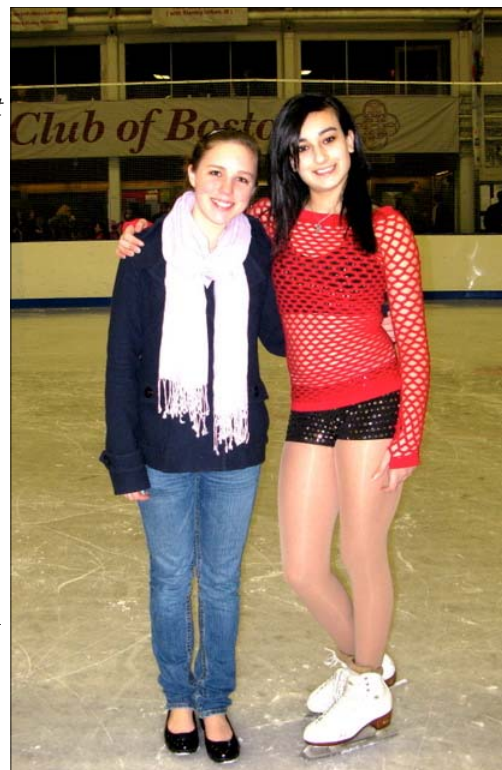
The Skating Club of Boston is located at 1240 Soldiers Field Road in Boston, Massachusetts 02135. Telephone 617-782-5900, fax 617-782-7846.
Visit The Skating Club of Boston website at www.scboston.org.

Helping Haiti at home

On Saturday, March 6, a special event was created by two of our skaters and sponsored by the Club's Junior Activities Committee. After the January 12 earthquake in Haiti, Emily Stevenson and Rochelle Dost (*pictured, from left to right*) found themselves wondering how they might be able to help. They immediately thought of the skating community, knowing it was a group that would jump right in to help the cause. They decided on an exhibition, "Help for Haiti," for which the performers and audience would both contribute to relief efforts for Haiti. The Board suggested they join forces with the JAC, and the event was created.

Emily and Rochelle publicized the event, and skaters from pre-preliminary through senior, including adult singles and pairs, signed up to exhibit, as well as three Team Excel lines. "We were really happy with the number of skaters who participated, and thrilled with the amount of money we were able to raise," said Emily.

A Silent Auction and Bake Sale of homemade goodies were both incredibly popular, and everybody had a wonderful time. Emily and Rochelle really exemplify a wonderful spirit of giving and creativity, and we commend them for all of their hard work and great results. More than \$2200 was donated to "Save The Children", selected by the girls because of the charity's 32-year involvement in Haiti.



The skating cast of Help for Haiti

Ice Chips' Prince Charming

Ice Chips director Sheryl Franks had a special surprise lined up this year in **Associate Director Tim LeBlanc**. Many will remember Tim as a freestyle singles competitor and Act 1 Theater on Ice skater who grew up at the Skating Club, and worked with Mark Mitchell and Peter Johansson for many years. After skating in what he figured would be his last Ice Chips in 2005, at BU's Walter Brown Arena, the Waltham High School senior was all set to pursue his dreams of becoming a professional pilot. He had been accepted to the prestigious Embry-Riddle Aeronautical University in Daytona Beach, Florida and was already in the middle of flight training.

Tim loved performing in Ice Chips, and Sheryl Franks had spoken with him several times about her experience skating in shows. She had recommended that he pursue a job with Disney on Ice, and helped him create an audition tape for the casting directors, even though he was already confirmed to start at Embry-Riddle. The Disney on Ice team called Tim and asked to have him audition after receiving his tape, when they were in Boston doing "Finding Nemo" shows at the TD Garden. Tim remembers the audition as being with a few other skaters. They were all asked to demonstrate their individual elements and given choreography to quickly learn and perform. Just two weeks before his high school graduation, Tim received the call from Disney that they wanted to hire him for a new show, "The Incredibles in a Magic Kingdom Adventure," with rehearsals beginning in August. He was given the role, not surprisingly, of Prince Charming. Instead of moving to Florida to start college, he moved to (Lakeland) Florida to start training to become a professional skating performer.

The rehearsal schedule for Disney on Ice is daunting, but made getting to know the cast easy: starting at 8 am, and often going as late as 7 pm, with on-ice and off-ice re-

hearsals, costume fittings and more, 6 days a week. Tim's cast covered the eastern half of the US, stopping in every major city. He was able to perform live on shows like Good Morning America as well as local news shows, and do hospital and other goodwill visits with his cast-mates. Disney on Ice is owned by Feld Entertainment, which also produces 'Ringling Brothers Barnum & Bailey Circus' and 'Disney LIVE!' stage shows. Tim said the shows give young performers a chance to travel the world and experience doing something they really love. "Absolutely, skating in a show truly brings out the best in your performance abilities and makes you a better performer!"



Tim LeBlanc in Ice Chips, 2005

The show skaters work really hard. If you think Ice Chips weekend is tiring, imagine doing 21 shows in 10 days. That's why the skaters in Tim's cast call the two weeks they are in Boston each February the "Boston Marathon." Seems more difficult than running up Heartbreak Hill! In Tim's 10-month tour, he never missed a performance. That's a marathon.

How did Tim move from skating in a show to doing choreography? Sheryl Franks calls him a man who likes to keep moving, and clearly he is full of ambition! While Tim was touring with Disney on Ice, he was able to work

with the Walt Disney Company for both television appearances and character development. He got in contact with the casting team at Walt Disney World Resort in Orlando, Florida, to discuss working for them once his Disney on Ice tour was complete. He auditioned during a quick break from his skating tour, and was cast as a dancer. Asked if he had any prior dance experience, maybe from his years in competitive skating, Tim said he had to "turn myself into a dancer." He learned a lot about picking up choreography through his Disney on Ice work, where much of the choreography was taught on the ground first, before taking it to the ice. His cast colleagues at Disney World were all professional dancers,

Prince Charming

and when they asked about his dance background, he'd have to explain, "I'm a professional figure skater" – something the other dancers weren't used to hearing among their ranks!

Tim spent about 18 months performing for Walt Disney Entertainment and loved the different opportunities to interact with guests, celebrities, and being a part of Make a Wish Foundation experiences for the involved families. It was there that his interest in the entertainment industry and show production really developed. From the time he started with Disney on Ice, he sought out opportunities to choreograph and design lighting and even pyrotechnics for his productions. He knew choreography, directing and production would be part of his future.

He made the decision to return to Boston, where he will be a senior at Suffolk University in the fall, majoring in Business Administration and Film Production. He is still working for the Walt Disney Company as a performer, flying down to Florida to perform during any breaks he gets from school.

This past fall, he contacted Sheryl and told her his goals to break into the entertainment industry. She offered to have him assist her on Ice Chips, and said she had a really good feeling about him and what he could do. She'd heard great things about his work in Disney on Ice, and knew he was a hard worker. Since Sheryl is also a Disney on Ice alumnus, Tim said they worked really well together. Sheryl found Tim had great ideas about bringing their visions to life, such as incorporating the Bright Arena Jumbotron into the show with images and graphics throughout. Rehearsals were smooth and easy with the two combining their creative energy.

Plans for next year? With this rising star, stay tuned! Tim said for so many years the Skating Club was like his second home, and that saying goodbye when he went off to tour was hard. It was great to come back and be welcomed by old friends and meet new ones, he said. When asked backstage if he'd be back for next year's show, skater Melissa Lee answered for him. "Of course he will!" We like Melissa's answer, and we promise to keep you updated on Tim's career.

Boston Open June 17-20

We need **volunteers** for all kinds of positions for the Boston Open, with opportunities for help available now! Are you a new member who has never worked on a competition before? It's a great way to meet other members. Are you a skater competing in the Open? Help out and get rid of any butterflies before you skate! Willing to bring in some baked goods for our officials? Parents, come and volunteer while your skaters are busy with their events.

We can train you to do almost anything – we'll leave the skating and judging to the experts, but most volunteer assignments are easy to learn.

For more info, stop into the Club office or send a note to Tammy Thierwechter, event chair, at tammygibbsthierwechter@comcast.net

Come Sail Away

Our **Annual Banquet, June 11**, will also be our Appreciation Dinner for Coaches, Judges and Officials! Join us for a gourmet rinkside buffet; \$28 for adults and \$15 for children.

Did you know?

Walk– On Ice ticket books are available for purchase in both Brighton and MetroWest. Tickets may be used interchangeably at both facilities.

See the Club Office in each location to purchase Ticket Books.

Tests Passed

Sybrinna M. Allen - Pre-Juvenile Free

Emilia Bartel - Pre-Preliminary Moves

Jin Baseman - Pre-Juvenile Free

Marika Bedard - Intermediate Moves

Gianna M. Beniers - Intermediate

Free, Junior Moves

Michael G. Bramante - Silver Dance

Alison M Carey – Gold Dance

Giselle Castro - Pre-Preliminary Free,
Preliminary Free

Meaghan F Corcoran - Pre-
Preliminary Free

Heather M Cotter - Preliminary
Dance, Pre-Bronze Dance

Una M Donegan - Junior Free Dance

Kristen Ervick - Adult Bronze Moves

Kathleen Flood – Adult Gold Moves

Marc J Gervais - Adult Pre-Bronze
Free

Janet O. Green - Preliminary Dance

Olivia A Gibbons – Senior Free

Douglas Grimes - Pre-Preliminary
Moves

Tyler J Harris – Senior Free

Lauren N. Henderson - Bronze Dance

Hanna Hymel - Pre-Juvenile Free

Alyssa Karbel - Preliminary Free

Andrew M. Korda - Junior Free Dance

Caitlin Kwan - Intermediate Moves

Lauren N Lampiasi - Novice Free

Jessica Lin - Intermediate Free

Tracy Lieu - Adult Pre-Bronze Free

Ashley Liu – Pre-Preliminary Moves,
Preliminary Moves

Joanna Masley - Pre-Juvenile Free,
Juvenile Free

Ross J Miner – Senior Moves, Senior
Free

Heidi W. Munger - Junior Moves

Mizuki Nitta - Preliminary Free, Pre
Juvenile Moves

Bryna H.M. Oi - Pre-Bronze Dance,
Bronze Dance, Pre-Silver Dance

Anya Pforzheimer - Intermediate

Moves

Katie Rosen - Pre-Juvenile Free

Tori R Rotella - Pre-Juvenile Free

Caitlin E O'Neill - Intermediate Moves

Rachel Reeds - Pre-Preliminary Moves

Eric Rioux - Pre-Bronze Dance

Alexia A. Rogers - Novice Free

Tori R Rotella - Juvenile Moves

Caitlyn Smith - Intermediate Free

Lindsey M. Stevenson - Juvenile Free

Lina Takaoka - Intermediate Moves

Calypso Tausig - Preliminary Free

Rebecca Wales - Junior Moves

Amanda Wang - Pre-Juvenile Moves

Alexandria Weinstein - Pre-
Preliminary Moves, Preliminary Moves

Elizabeth Y. Zhang - Pre-Bronze
Dance, Bronze Dance

Don't see your result here? Chips gets our Test information from the USFS website for consistency. Results listed here are from December–February results posted on the site as of 4/15/10.

Make your voice (and vote) count!

May 7 is our Annual Meeting, and the date to vote for our Club Officers and Board of Governors. Ballots were mailed during the second week of April to all full Club Members. Each Adult gets a vote.

Board Members represent you, and your interests, in governing this Club. If you haven't met some of the candidates, take the time now to track them down and meet them. Ask them any questions you have. Ask to see their best rendition of the Canasta Tango!

Most importantly, vote on May 7. If you can't attend the Annual Meeting, you may submit your (sealed) ballot to the office beforehand. Ballots are counted at the Meeting, so it is important that they be there by the 7th.

If you have lost your ballot, please contact Colleen or Aaron in the office for instructions on replacing it.

Sports Psychology Seminars

We've all heard stories about how sports psychologists have helped top-level athletes to get over hurdles on their way to those elite ranks. We've heard about athletes who were constantly in second place at the national level and got help, and then broke through to the top. But what is sports psychology, really, and who is it for? Do we have to wait until we're at the top of the ladder to get that special boost?

Sean McCann, senior sports psychologist with the US Olympic Committee, says that "100 percent" of US (Olympic) athletes are using at least some of the mental skills he and his team teach. Those skills include visualization, breathing, body control, energy management, and the use of key words to help an athlete perform at his or her best.

Our own coaches know the difference these kinds of tools can make. Pairs coaches Bobby Martin and Carrie Wall, who like many of our other top coaches set training plans with their athletes, have their students do "something for their mind" each month. It may be reading an article on relaxation, meeting with a sports psychologist, or practicing a mind / body awareness technique. Bobby and his students have seen a difference. He has also seen a shift in acceptance among skaters and parents of seeing professionals to help to learn these tools and techniques. "The strength of the athlete's mind is critical to their success," he told Chips, "we'd like to continue to focus on preventative measures and incorporating mental skills into daily training."

To help our skaters learn more about the field, and learn about tools like Visualization, Relaxation and Energizing techniques, and other mental training aspects, the Skating Club will be hosting a three-part Sports Psychology series this spring and summer in Brighton. Led by Barbara Steele Martin, MA LMHC, these workshops will cover a variety of topics designed to introduce and demystify the role that the mind has on performance.

Barbara is a former competitive skater who has also performed around the world in shows such as Disney on Ice and Holiday on Ice. She works with musicians and athletes in Boston, and has a private practice specializing in Performance Anxiety and Sports Psychology. She and her family are members of the Skating Club of Boston.

These three introductory seminars will be for skaters only, and will be divided by age. Groups will be kept

small to facilitate discussion and exercises. We're planning dates now, so please watch your email for announcements. Space will be limited. To introduce the program, these first sessions will be offered at no charge



Barbara Steele Martin

for our skaters. We may add more sessions, including one for parents and / or adult skaters, in the future, as we develop the program and a fee structure. We're very fortunate to have this opportunity, and coaches (and a great professional like Barbara) who've committed their resources to help all of us improve as mindful athletes.

Board member Barb Fritz will be helping to coordinate the program. For questions, or if you have feedback, please contact her at editor@chipsboston.com.

Chips Thanks

Our fabulous contributors for this issue: Photo Genius Jarshen Lin, Simon Shnapir, Bobby Martin, Colleen O'Brien, Joe Blount, Tammy Thierwechter, Kim Donlan, Ann Buckley, Sheryl Franks, Tim LeBlanc, Cindy Stevenson, Nicole Castro, and Alisa Plazonja.

We'd love to have an article from you in our next issue—send a note, flowers or a candygram to editor@chipsboston.com with your ideas, photos, poetry or illustrations.

Team Excel News

by Nicole Castro

Successful Boston Synchronized Skating Classic

On Saturday, March 27, teams from around New England skated in the first Boston Synchronized Skating Classic at The Skating Club of Boston! For several teams, this was their first ever competition. Volunteers at the event worked hard to make the day enjoyable for all competitors. One coach sent the following note after the competition: "My team had a wonderful experience. This was their first competition and we will definitely return next year. It was organized and all volunteers were friendly and helpful. Thank you to your club and team for having such a great event."

Plans are underway for the *2011 Boston Synchro Classic!* Save the date, January 22, 2011....more information to follow in August, 2010 (sanction pending.)



Team Excel Preliminary, in white lace and blue, skated to selections from "Mary Poppins." They won the gold medal in their division at the BSSC. Team Excel Beginner Black, in Blue costumes with gold stars, trains in Brighton. They won the gold medal in their division at the BSSC. Team Excel Beginner Gold, in dark blue velvet costumes, trains at our MetroWest facility. They won the pewter medal in their division at the BSSC. We're very proud of our competitors!

Team Excel News

Team Excel honored to perform at Ice Chips: Show of Champions "Believe in your dreams."

A year ago, Team Excel began as the dream of our Director Merita Mullen. This spring, we enjoyed demonstrating the realization of that dream as we skated teams from Beginner through the Collegiate level representing The Skating Club of Boston in the Ice Chips performances. Skating in benefit performances supports our philosophy of volunteerism. This year our teams have performed in and helped to support Skatefest, the Hope for Haiti, Learn to skate programs, Relay for Life, Ice Chips and Evening with Champions. Team Excel is proud to join the many skaters and teams who have contributed their time and energy to these most definitely worthy causes.

Interested in synchronized skating?

As Team Excel kicks off the 2010-2011 skating year, we are pleased to offer additional tryouts this spring. Interested skaters may have the opportunity to skate with our Preliminary, Juvenile, Novice and Junior teams. We would like to welcome skaters to tryout for the limited number of open roster spots on each of these teams. If interested, please contact us at excelsynchro@gmail.com.

New Team Excel Collegiate Team Scholarship

Team Excel and The Skating Club of Boston are pleased to announce the Team Excel Collegiate Scholarship for the upcoming season! The Team Excel Collegiate Scholarship will enable our collegiate line to be FULLY FUNDED for the 2010-2011 season. The Team Excel Collegiate Scholarship was created to assist athletes in financing a competitive synchronized skating career at one of the premier figure skating clubs in the country while they attend college. *Go to any school you want, and continue the sport you love with an intercollegiate synchronized skating team.*



The talented skaters and coaches of Team Excel 2009-10

High Performance at SCOB

What are the different parts of your training program?

A group of skaters and parents thought about that question when Charlene Boudreau, the Skating Club's new High Performance Program director, came in from Colorado Springs on March 10 to introduce the new program and meet our skaters.

The crowd answered Charlene's training question with the usual answers: skating, off-ice strength training, physical therapy, Gyrotonic and Pilates, ballet, and even eating correctly. Charlene was also looking for an answer none of us gave: sleep. She told the group that not all training occurs during exercise; recovery, one of the most important elements, happens while we're sleeping. Deep sleep gives the body not only a chance to rest, but to rebuild immune, nervous, muscular and skeletal systems.

With that introduction, and the audience's brains alert, thinking about how they might build more sleeping time into their schedules, Charlene talked about her background. Pairs coach Bobby Martin introduced Charlene and said he'd had similar "a-ha" moments to our "sleep training" discoveries when he first heard Charlene speak at the Elite Coaches' College in Colorado last year. After hearing her presentation, he wanted to bring her to the Club to work with our skaters. He coordinated efforts with Mark Mitchell and Peter Johansson, and they proposed a High Performance Program to the Board this winter.

Charlene grew up skating in Canada, where she studied singles, pairs, dance, and precision (as synchro was



Charlene Boudreau

then called.) She coached skating, and then became involved in High Performance training work first with USA Swimming, then with USFS. She now works independently as a sports science and performance consultant for athletes. This Spring, the Club has started a Pilot program with Charlene and our National competitors to help them optimize their health and wellness during the competitive season.

Charlene met individually with each of our 11 National competitors while she was here in early March to better understand their current training plans and focus areas, stress levels, sleep habits, nutrition, daily activities (school, housing, work), injury and health history, and general well-being. Each of these skaters will receive a report of her findings and a follow-up plan, and will continue to work via email and phone with Charlene over the coming months to report on their progress. As this program is a pilot program for what we hope will become a larger program soon, the Club and the pilot skaters are dividing the costs.

"I've actually met Charlene a

number of times at USFS camps and events. I think this will be really helpful for our athletes. Marissa (Castelli) and I have definitely benefited from our work with her," said pairs skater Simon Shnapir.

The presentation on March 10 was open to the entire membership, and there were more than 35 in attendance, including skaters, parents, and coaches. Charlene's energy is infectious, and the crowd was taking notes and asking questions as she spoke. She talked about stress and how it affects training, how sleep can balance natural stresses and nutrition can positively influence stress as a part of our well-being. In a sport where we all realize the advantage of keeping our bodies lean, she encouraged the audience to eat a small snack including carbohydrates and protein within 20-30 minutes of a workout. She talked about portion size, and demonstrated using her fist as the size of a portion. Bigger people, she explained, have bigger fists – and need larger portions!

She discussed hydration, and good beverages to drink (water, skim milk) as opposed to those with empty calories (sugary sodas) or caffeine. Sports drinks like Gatorade, she advised, should be limited to use during exercise as needed. As a rule, she said, if the ingredients listed in a beverage or food product are things you can't pronounce or identify, choose something more natural.

She suggested we eat "colorful" foods for a good balance of vitamins and antioxidants, as well as fiber. Her advice, she said, was not just for the skaters, but also for the parents who lead such busy lives making sure everyone gets to their scheduled activities.

High Performance

To keep stress at bay, Charlene's recommendation is to practice the type of stress management skill that works best for you, whether it is meditation or some other kind of relaxation, for at least 15 minutes every day, allowing your body some time to unwind. She also suggested each of us map our daily schedules, and see how much sleep we're getting – it should be 7 – 9 hours. If you're not at that number, try adding a half hour at a time until you are. A good test to see whether you're getting enough sleep is to wake one day (try this on a weekend) without an alarm clock, and see how long you slept.

Charlene stressed that her role is to be someone who can fit in alongside your coach and other fitness professionals to help you be as healthy as possible.

What's the plan for our High Performance Program?

We plan to follow the 11 skaters who are in our Pilot closely, and get feedback from their coaches. We hope to be able to roll the High Performance Program out to a larger group of skaters, and at some point open it up to any skater who chooses to participate. The Club has a Program Development committee which works to bring in classes and services designed to make our skaters stronger, healthier athletes. If you have ideas for seminars you'd like to see the committee take on, please send them to editor@chipsboston.com.



Skaters Jenelle Herman, Morgan Sowa, Olivia Gibbons and Ross Miner listen intently to Charlene's presentation

Safety First

We can all use a reminder of what it means to be safe on the ice, and our Ice Rules which help us to be fair to one another:

No Food or Beverages on the Ice

No clothing hanging over the boards

No use of Cell Phones on the Ice

No sitting on or Climbing over the Boards

The skater doing their Program has the Right of Way

No restarting of Program Music

Music is to be played in rotation—
No hogging of the sound system

When the Buzzer rings, get off the ice

If you've made holes, or you see holes on the ice (that you didn't make), please fill them with snow from the bucket—it'll help to keep our ice in better condition for everyone.

If you have questions about any of these rules, ask a Board Member or your Coach.

USFS Governing Council

A contingent of Skating Club delegates will be participating in the US Figure Skating Governing Council April 29—May 1 in Costa Mesa, CA. The group is made up of Board members and Team Excel leadership. President Joe Blount will be presenting at a forum on **Running a Successful Competition**, as the Skating Club has held so many outstanding events.

A full report on the team's involvement at Governing Council, including outcomes that affect the upcoming test and competitive season, will be in the next issue of *Chips*.

Ice Chips Backstage

Backstage notes from Ice Chips

Editor's note: These are notes from just one skater backstage at Ice Chips. It would be so much fun to hear what you saw, or found interesting backstage or behind-the-scenes at Ice Chips. To share your stories with the rest of us, please send them to editor@chipsboston.com.

The Hostess with the Mostest at Ice Chips had to be Toni Gupta, who was running around taking care of every skater's need backstage in the locker rooms. Kim Donlan was seen making a special late-night run on Friday to the Skating Club for paper products to make all of our skaters comfortable at Bright Arena. The Adult Ladies' locker room was customized by its inhabitants with fitness equipment and full-length mirrors for the weekend. These ladies felt right at home!

Makeup Artist to the Stars, or at least, our own Lady Gaga, was the multi-talented Andrew Korda. Andrew transformed Carly Milden into her on-ice Lady Gaga persona for each performance in stages, including the lightning bolt outlined in glitter on her cheekbone. Perhaps just as startling was the "bruised" makeup he did for Stephen Carriere's "Mr. Cellophane" number, prompting many to ask Stephen in concerned tones if he'd been in an accident. This reporter urged Stephen to make up a good story about a fight he'd been in, but he gave Andrew the credit he deserved. Andrew, clearly you have a great talent in addition to your skating!

Speaking of Stephen, it was fun to see him again. He is settling in to a new apartment and really enjoying his training with main coach Priscilla Hill. He says he has a whole team of coaches who work with him as well as the other skaters at their rink in Wilmington, Delaware. Look for a story about Stephen's training and off-ice pursuits in an upcoming issue of **Chips**.

Guest star Ryan Bradley really enjoyed the group numbers in our show, and said

he actually learns things from watching them. When asked how he was feeling after his chest-smashing fall on Saturday afternoon's show, he shrugged as if he didn't remember falling; later, he asked for Advil and swallowed a small handful. Our senior men reminded us that he is skating with a broken metatarsal.

Speaking of the group numbers, Ross Miner said he loves skating in the group number and that it is almost more fun (for him) than doing his solo in the show. With a number like the one our men do, we can see his point! The guys in that number were complimenting Simon Shnapir on his throws of partner Marissa Castelli, and one on Saturday afternoon's performance that they thought was even higher than usual. Simon asserted that he uses only 75% of his throwing power skating with the tiny Marissa; someday, we'd be interested in what 100% would look like!

Star writer and photographer Sarah Brannen, of Icenetwork's sarahanddrew blog, was there photographing both shows on Saturday and interviewing our stars for articles in Skating magazine and icenetwork. Sarah's also an adult skater, so she gets it. She had a camera issue at the Saturday afternoon show, but said she had resolved it by the time Jason Wong skated. Like so many of us, she was mesmerized by his beautiful 'American Pie' program. Look for her articles on the USFS website and in the magazine.

It was great to see Tammi McManus flying around backstage, everywhere we needed her. She peeked into locker rooms magically just as groups wondered when they should be lining up for opening numbers or the finale. Linda Blount and Rachael Naphtal managed to keep people organized backstage, and somehow, John Adams knew which flag was which, even in the dark.

The Quick Change mavens, Gloria Miner, Sandy Gibbons and Joan (Gibbons)

Wicklund somehow made sure everyone got dressed and re-dressed, in the right costume, in time for their next number. With strategic curtains and supreme organization, they managed to keep the changing area chaos-free and private enough for all.

The craziest changes, they said, were converting 10 girls from their Latin number costumes (black sequins) to their New England Competitors dresses and jackets, transforming 4 Bostonians from can-can girls to sophisticated Team Excel competitors (all in the space of one number) and Mr. Velcro, Bennett Gottlieb, who had 7 seconds to switch from Dutch Waltz elegance to his casual solo costume. The Quick Change artists created a pair of black pants with Velcro down the sides, a shirt with Velcro sides, and clip-on (or more importantly, off!) tie to help Bennett strip down to the jeans and cool tee for his show program.

Then there was Beth Bertolozzi, the costume genius. After having sparkled all of us, and given many of us international looks for the event, she treated several of our girls to false eyelashes for their numbers. We're wondering how many pairs of fluttering lashes made it to school the next Monday!

It was fun to see so many Team USA jackets, on our world-level singles, pairs and dance competitors and now on our Theatre On Ice teams Act 1 and Imagica, on their way soon to Toulouse, France to compete. We couldn't be more proud to have you representing us!

This was the first year we got to welcome Team Excel performing in Chips, and it was great to see the depth and breadth of their athletes. Several of their skaters performed in other numbers as well. What a great way to get to meet our new members!

Thanks to the cast, crew, directing and choreography team for a great Ice Chips 2010!

Ice Chips Photo Gallery



Clockwise from top left: Ryan Bradley flips over the Ice Chips cast and crew. Meryl and Charlie delight with their Bollywood Original Dance. Harrison Choate flies high over the ice. Olympians Suna Murray, Sheryl Franks, Tenley Albright, and Lane McDonald are honored on-ice.

Ice Chips Photo Gallery



Clockwise, from top left: Meryl and Charlie perform Billie Jean. Ross Miner takes a bow. Marissa Castelli, Simon Shnapir, Gretchen Donlan and Andrew Speroff do a thrilling “fours” death spiral in the opening number.

Ice Chips Photo Gallery



Clockwise, from top left: Shep and Emily Holt present President Joe Blount with the Spirit of Ice Chips Award at the Cast Party. Jessica Lin and Isabelle Bertolozzi have a blast in the British number. Keilani-Lynn Rudderham shows off her gorgeous spiral in her Chips solo. Team Excel Juniors strike a graceful pose: from left, Domenica Fuller, Rachael Naphtal and Maisie Meade.

***Chips* thanks our wonderful show photographers, Steve Gilbert and Yin Li. These gentlemen took brilliant pictures of our show and will create great memories for all of us. For anyone who has tried to capture pictures of skating, this is indeed an art! We thank you for your generosity and your wonderful images. Thank you to Jarshen Lin for coordinating!**

Team Excel Photo Gallery



With so many great Team Excel skaters, how can you choose? From top left, clockwise: Beginner Black, Collegiate, Juvenile, Junior, Novice, and Preliminary.

Thanks to Ted Castro for the outstanding photos and to Nicole Castro for being such a great help to **Chips** this month. We wish we had room for every picture Ted has taken!

New Members

Family Members

Dr. Casimiro Giampaolo & Mrs. Jo Ellen Mistarz (Giorgina Giampaolo)
East Greenwich, Rhode Island
G. Miner / C. Wall

Mr. & Mrs. Jon Jacobs (Andrea) (Rebecca)
Natick, Massachusetts
A. Munger / P. Johansson

Ms. Lara Talbot Gund (Kelsey, Llura (Lucy) (Gund))
Weston, Massachusetts
S. Murray / L. Blount

Non-Resident Family Memberships

Mr. & Mrs. George Goodrich (Jeanne) (Jordyn)
Pittsfield, Massachusetts
G. Miner / S. Murray

Mr. & Mrs. Stephen Monaghan (Faimafili) (Meaghan, Vai (Nathaniel))
Cape Elizabeth, Maine
J. Lin / J. Wong

Junior Members

Mr. John McKenna
Boroboro, Massachusetts
G. Miner / R. Martin

Miss Maggie Gordon
Wellesley, Massachusetts
G. Miner / P. Johansson

Introductory Members

Mrs. Norma Garcia-Turner (Ysabel Turner)
Newton, Massachusetts
R. Stump / L. Blount

Mr. & Mrs. Robert Martin (Barbie) (Bella, Bridgette)
Belmont, Massachusetts
S. Murray / C. Wall

Ms. Elaine Tan (Madeline, Matthew (Sims))
Boston, Massachusetts
L. Blount / R. Stump

Mr. Nunzi Sapuppo & Mrs. Vanya Tulenko (Marcus, Mercedes (Sapuppo))
Cambridge, Massachusetts
B. Fritz / T. McGinnis

Mr. & Mrs. Richard Landry (Nancy) (Juliana, Sofia)
Newton, Massachusetts
A. Munger / J. Wong

Mr. Bodo Liesenfeld (Sophia)
Weston, Massachusetts
S. Murray / T. Lescinski

Mr. Paul Rosenstrach
Newton, Massachusetts
S. Murray / T. Lescinski

Mr. & Mrs. Erik Witkowski (Mary) (Erika, Luke)
Boston, Massachusetts
R. Stump / L. Blount

Mr. Mark Fleming & Ms. Rachel Renton (Cate, Claire (Fleming))
Needham, Massachusetts
C. Allan-Piper / S. Murray

Mr. & Mrs. William Cheng (Sarah) (Jaden)
Danielson, Connecticut
G. Miner / R. Martin

Mr. Matthew Austin & Ms Jane Donohue (Ben, Grace (Austin))
Cambridge, Massachusetts
J. Lin / L. Moscato

Theatre on Ice Members

Miss Justine V. McDonald
Braintree, Massachusetts
J. McManus / T. Mazzarino

Mr. Dylan Benson
Gloucester, Massachusetts
J. McManus / T. Mazzarino

Miss Molly Crowley
Methuen, Massachusetts
J. McManus / T. Mazzarino

Miss Sara Feinstein
Peabody, Massachusetts
J. McManus / T. Mazzarino

Membership Category Changes:

MetroWest to Family

Ms. Elaine Edwards (Lindsey Scally)

Ms. Robin L. Lee (Nicole)

Ms. Ellen Rota (Katelyn)

Ms. Melinda Smolenski (Jamie, Stephanie)

Mr. Terrance Oi & Ms. Patricia Meehan (Curran, Bryna, Aidan)

Theatre on Ice to Single

Ms. Carol Woods

Please welcome our new members to the Skating Club of Boston! We're happy to have you as part of our family!



Competition Results

2010 Eastern Adult Sectional Championships

*Hillsborough, North Carolina—
February 20 - 21, 2010*

Championship Gold Ladies

Suzanne Garcia – 1st

BU – MIT

Intercollegiate Figure Skating Competition

Boston, MA—February 27, 2010

Gold Dance

Mark Jahnke – 1st

Senior Dance

Mark Jahnke – 1st
Aubrey Samost – 5th
Schuyler Eldridge – 6th

Senior Ladies Short Program

Brittney Rizo – 1st
Maggie Gordon – 4th
Carly Milden – 5th

Senior Men Short Program

Curran Oi – 1st
Schuyler Eldridge – 3rd
David Leenen – 4th

Intermediate Freeskate

Aubrey Samost – 5th

Senior Ladies Championship Freeskate

Carly Milden – 2nd

Senior Men Championship Freeskate

Curran Oi – 1st
Schuyler Eldridge – 2nd
David Leenen – 3rd
Mark Jahnke – 4th

2010 U. S. Synchronized Skating Championships

*Minneapolis, Minnesota—March
2 - 6, 2010*

Juvenile

Team Excel – 7th

Novice Free Skate

Team Excel – 11th (47.38)

Junior Short Program

Team Excel – 8th (47.81)

Junior Free Skate

Team Excel – 7th (85.77)

Collegiate Free Skate

Team Excel – 8th (74.23)

2010 Gardena Spring Trophy

*Val Gardena, Italy—March 2 - 6,
2010*

Novice Ladies Short Program

Yasmin Siraj – 1st (43.82)

Novice Ladies Free Skate

Yasmin Siraj – 2nd (74.66)

Colonial Adult Winter Challenge

*Boxborough, MA—March 13-14,
2010*

Compulsory Spins, Silver Class II/III/IV

Kathleen McNichol—1st

No Test Ladies Freeskate Class II/IV

Veronica Hernandez—1st

Bronze Ladies Freeskate Class I/II

Kristen Ervick—9th

Compulsory Moves Pre-Bronze/No Test Class II/III/IV

Veronica Hernandez—4th

Compulsory Moves Silver Class I/III/IV

Carolyn Evert—2nd
Kathleen McNichol – 3rd

Compulsory Jumps Pre-Bronze/No Test Class II/III/IV

Veronica Hernandez—4th

Compulsory Jumps Silver Class II/III/IV

Kathleen McNichol – 3rd

Silver Ladies Freeskate Class I/II

Carolyn Evert – 3rd

Silver Ladies Freeskate Class IV

Kathleen McNichol – 4th

Gold Ladies Freeskate Class III/IV

Suzanne Garcia – 1st

Theatre on Ice Events

Theatre on Ice Freeskate

Imagica – 1st

Competition Results

Boston Synchronized Skating Classic

Boston, MA—March 27, 2010

Beginner

Team Excel Black—1st
Team Excel Gold—4th

Preliminary

Team Excel—1st

Worcester Open

Worcester, MA—April 9-11, 2010

No Test Girls Free Skating Group B

Lily Schaefer—4th

Pre-Juvenile Competitive

Test Track

Amanda Gollaher—2nd

Juvenile Individual Compulsory Moves

Victoria Xu—1st

Juvenile Girls

Victoria Xu—5th

Intermediate Ladies Short

Christine Wang—4th

Intermediate Ladies

Freeskate

Christine Wang—8th

Adult Gold Ladies

Suzanne Garcia—2nd

2010 U.S. Adult Championships

Bloomington, Minnesota—April 14 - 17, 2010



Suzanne Garcia

Championship Gold Ladies

Suzanne Garcia—9th (27.54)

Masters Ladies Light Entertainment / Comedy Interpretive V

Patricia Berger—1st

2010 Intercollegiate Championships

Newark, Delaware—April 17-18, 2010

Hosted by the University of Delaware FSC

Senior Ladies Short Program

A

Carly Milden—2nd

Senior Ladies Short Program B

Maggie Gordon—2nd

Senior Championship Ladies

Maggie Gordon—3rd
Carly Milden—4th

Senior Men Short Program

Schuyler Eldridge—1st
David Leenen—3rd
Mark Jahnke—4th

Senior Championship Men

Schuyler Eldridge—1st
David Leenen—3rd
Mark Jahnke—4th

Senior Solo Dance Group A

Mark Jahnke—1st

Senior Solo Dance Group B

Schuyler Eldridge—2nd

Juvenile Solo Dance Group B

Carly Milden—5th

Gold Solo Dance

Mark Jahnke—1st

Results from the Southern Connecticut Open were unavailable at press time and will be printed in the next issue of Chips

Club Calendar

May 2010

Sun	Mon	Tue	Wed	Thu	Fri	Sat
25	26	27	28	29	30 Dinner	1 Hole in Wall Benefit
2	3	4	5	6	7 Annual Meeting	8
9	10	11	12 Dance Test	13	14 Dinner	15
16 New Member Orientation, FS Test	17	18	19 Board Meeting	20	21 Boston Open apps due, Dinner	22 MLW Exhibition
23 Club Competition	24	25	26	27	28 no dinner	29

June 2010

Sun	Mon	Tue	Wed	Thu	Fri	Sat
30	31	1	2	3	4 BBQ night	5
6 New Member Or., Eisenhandler benefit	7	8	9	10	11 Annual Banquet	12
13 FS Test	14	15	16 Dance Test, Board	17 Boston Open	18 Boston Open	19 Boston Open
20 Boston Open	21 Summer Ice Begins	22	23	24	25	26
27 New Member Orientation	28	29	30			